



# Nutritional Agriculture

## Program Fact Sheet



**Bambay, Sierra Leone**  
Agriculture Program Graduate



**Ahepe, Togo**  
Agricultural Training Center



**Food for Life Guinea**  
Graduation Ceremony

*Lives transformed  
through hope  
and healing...*



Classroom Learning



Training in the Field



Composting



Improved Crops

### Hunger in Developing Countries

Mercy Ships recognizes that people need more than just access to healthcare – they need access to food and nutrition. To help address these issues in developing countries, Mercy Ships has been implementing Food for Life programs since 1997. Food for Life projects have been impacting lives and training people how to produce nutritional food and crops sustainably.

Our projects help others discover significantly improved methods of food production and preparation – working with them to rebuild, restore and renew their lives, land, communities and nations through holistic, organic agricultural development.

#### The Problem

Outdated farming practices often yield less produce with lower quality nutrition. Slash and burn, pesticides, herbicides and other methods lead to the production of poor harvests and deplete the soil's nutrient levels, leaving behind infertile ground.

#### Statistics

- An estimated one in four people remain undernourished in sub-Saharan Africa; 237 million people are hungry (have insufficient access to food). (source: UNFAO)
- Children who are poorly nourished can suffer up to 160 days of illness each year. Globally, nutrition-related factors contributed to 45% of deaths for children under the age of five. (source: WHO, World Hunger)

### Nutritional Agricultural Training Programs

#### Bringing Hope and Healing

Food for Life projects work alongside the *Africa Mercy's* deployment schedule, providing training and resources in the countries served by Mercy Ships. The Food for Life program focuses on providing train-the-trainer opportunities, increasing a country's capacity to provide for their own people. Trainees are identified from local NGOs already working to improve agriculture in the host country. The project is offered in a two-phase approach during a ship deployment. The first phase consists of a 22-week course, and the second phase involves follow-up assistance as the trainees return to their respective NGO site to train others. Once trainers successfully complete the program, they are provided with seeds, tools and other resources so they can provide training to their friends and communities.

#### Perpetuating a Legacy

Through its history and experience, the Food for Life program has found that the most successful and long-lasting projects are the ones that have received support beyond the life of the project. Because of this, Mercy Ships is providing targeted, concerted follow-up activities developed specifically for each country.

#### Accomplishment

Since 2009, Mercy Ships has trained and updated the methods of over 320 nutritional agricultural trainers serving a number of well-established NGOs in Africa.